

New Woman

Cosmetic Surgery: *The Ultimate Makeover*

Cosmetic surgery is no longer the private reserve of the rich and famous. With new techniques and new technologies, cosmetic surgery has become, for many, the difference between looking okay and looking gorgeous.

So, read on and see how these women changed their looks and their way of seeing themselves!

TINA

**Rhinoplasty (Nose reshaping)
Surgeon: Dr. Michael Evan Sachs**

When Tina, now in her early 20s was a senior in high school, she decided that she wasn't going to appear in her yearbook for all eternity with a nose she hated. Dr. Sachs (a New York plastic surgeon) removed the bump, thinned out the tip, and gave the nose a straighter, more delicate line. His new technique, "finesse sculpting", actually eliminates the need to break the nose, as was done in many cases in the past.

Just what does restructuring entail? The surgeon usually makes a small incision inside the nostril. Many surgeons prefer to perform the operation under local anaesthesia, and many even perform it on an outpatient basis.

Nasal plastic surgery can thin out the tip and nostrils or tilt or shorten the entire nose. The surgery itself can take 30 to 40 minutes and, even though Tina was back at school in a week, the actual swelling can take up to six months to recede completely. Therefore, the first look a patient gets at her new nose can be quite a shock. It can take up to two years to "settle" into the shape the doctor intended. How did all of this affect Tina? "I never felt better – or prettier – in my whole life!"



Before



Before



After



Before



After

FRANCES

**Rhinoplasty and Fat Evaporation Blepharoplasty
(Brand new technique)**

Surgeon: Dr. Michael Evan Sachs

When Frances (an artist in her 50s, who's been married for 36 years) first visited Dr. Sachs, they had a long discussion about just what kind of surgery she was contemplating. "I was pleased that he didn't want to rush into a face-lift. I told him that I was unhappy when I looked into the mirror ... especially with my nose. It was broken as

a child and it was never fixed. My eyes were always my best feature and they just looked less bright, more tired. But I'm happy to be the age I am ...I didn't want to look like a kid - just a less tired version of me." She and Dr. Sachs decided that what Frances needed at this stage was to have her nose fixed and her eyes done.

Dr. Sachs has invented a totally new eyelid technique that is being introduced this month in the medical journals. In the regular technique, an incision is made and the excess fat that gives >



Before



After

After nose, eyelid and chin refinement Maureen now has an attractive new appearance



Linda underwent nasal and facial rejuvenation surgery which provided her with a softer, more refreshed appearance

patients a tired look is removed surgically. With Dr. Sachs' new technique a tiny incision is made and the fat is removed non-surgically by inserting an electrocautery under the eyelash line.

The heat from the electrocautery melts and evaporates fat instantly. In an older patient, excess skin (on the eyelids themselves) still has to be removed surgically as well, but in a younger patient

the technique is totally nonsurgical except for the tiny incision.

What reactions did Frances get after the surgery? "Well, it was the strangest thing," she told us. "No one could pin down what was different. If one more person had asked me what I had done to my hair, I would have screamed!" she laughed.

Total recovery time: one week.



Rochelle's reconstructive nose and eye surgery has given her a prettier appearance