

# MADemoiselle

*The last word on looking great –  
from those who should know...*

## BEAUTYgossip

### Michael E. Sachs

Director of Plastic Surgery  
Research, New York Eye and Ear  
Infirmary, NYC

Getting enough sleep and still bothered by undereye bags? Now you can solve your problems permanently, thanks to a safe, non-surgical technique. How it's done: The fat cells inside the bag, which is about 90 per cent water, are vaporized and melted away with an electrically heated needle. The procedure takes about 30 minutes, and the slight swelling goes down in about a week.

### Elizabeth Taylor

Actress

A scent-sational rumor is going around that movie star Elizabeth Taylor is coming out with her own fragrance, guaranteed to drive men wild, just the way Liz does. More details coming up....

### The New York Academy of Sciences, NYC

If you're feeling tired and rundown, maybe it's because you're not getting enough iron. Check with your doctor – if he recommends an iron supplement (the Recommended Daily Allowance for women is 18mg), increase its effectiveness by taking it with a glass of orange juice. Vitamin C has been shown to help the body's ability to absorb iron.

### Janet Newman

Beauty Director at Le Tierce Salon,  
NYC

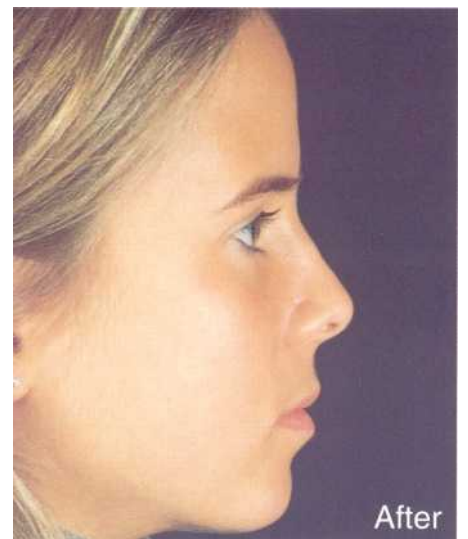
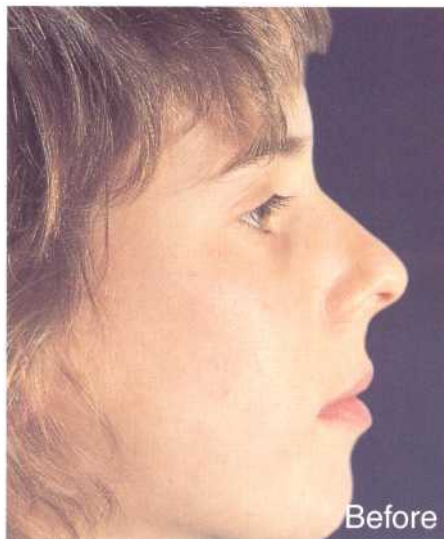
Here's some real lip service (for a mouth that says, "Kiss me, please"): Begin by rubbing lips with an ice cube to instantly smooth rough and flaky skin. Then use a lip liner to fill lips in with a shade of lipstick slightly darker than the lip liner (so it'll disappear). An extra attention grabber: a smudge of white concealer cream blended in the center of your bottom lip.

## Give your nose a hand

GETTING YOUR NOSE FIXED – NOW, NOT ALWAYS A BIG JOB



Hooked shaped nose relined with Dr. Sachs' Innovative 'Finesse Sculpting' Rhinoplasty Technique



Prominent, mis-proportioned nose detracts from her natural beauty

After nasal sculpting, a well proportioned nose enhances her beauty

Even slight imperfections - like a too pointed tip - can be corrected with a new nose surgery technique called finesse (or resculpting) rhinoplasty," explains Michael Sachs, M.D., chief of facial plastic and reconstructive surgery at the New York Eye and Ear Infirmary in New York City. "In the past, only those with extremely conspicuous flaws, like a large hook or a wide bridge, were considered good candidates for plastic surgery."

Finesse rhinoplasty "resculpts" the tissue, cartilage and bone without disturbing the natural structure of the nose. The procedure is usually performed in a doctor's office under a local anaesthetic and takes about 30 minutes. The surgery itself is painless, and the patient should experience only minor discomfort while recuperating. The nose is taped for about 5 days.