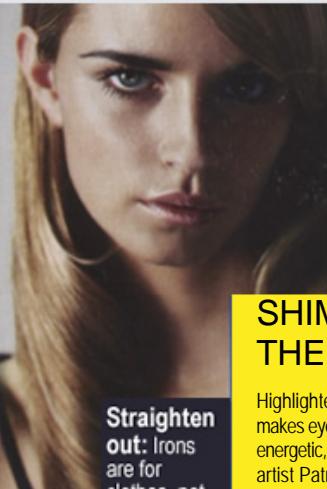


# FUTURE PERFECT

EVEN THE MOST TIRED AND-AND-TRUE BEAUTY FAVORITES CAN SOMETIMES USE A MAKEOVER. HERE, THE TOP TRENDS OF 2003-STILL FABULOUS- AND HOW THEY AND YOU WILL BE TRANSFORMED IN 2004.



2003

2004

**SHIMMER AROUND THE EYES**

Highlighter, found in every makeup artist's bag, makes eyes stand out. "It helps everyone look energetic," says New York City-based makeup artist Patricia Longo.

**SHIMMER IN THE EYES**

Whoever said that beauty comes from within was right: Radiance, the new contacts from FreshLook, literally make your eyes sparkle. Rather than changing the color of the iris, the lenses just add a subtle, iridescent gleam.

**Eye candy:** The latest in lens technology adds a gorgeous gleam to eyes.

**Straighten out:** Irons are for clothes, not for hair.



**Faking it:** Some plastic surgeons believe saline implants look less than authentic.

**SALINE IMPLANTS**

Getting breast implants is as common these days as getting a deep facial peel," says NYC-based plastic surgeon Cap Lesesne, MD, about one of the country's most popular cosmetic surgery procedures.

**SILICONE IMPLANTS**

"No need to play Spot the Fake: Silicone implants make it impossible to tell the difference between real and enhanced breasts, even to the touch," says Manhattan-based plastic surgeon Michael Sachs, MD, of the banned augmentation option that's pending FDA approval.

**Natural beauty:** Silicone-breasts have more of a natural tear-shaped look.



**THERMAL STRAIGHTENING**

After just six hours in a salon, women could have straight hair. "When they saw their curly-haired friends retire their flatirons, that was it, the service took off," says Brad Hensler of Houston's Solution for Hair salon about the years most popular new service.

**NATURAL CURLS**

On runways from New York to Paris, curls have made a come back. According to Bumble and bumble stylist Andrew McCormick, the ringlet resurgence is due in part to new products that bring out the best in every wave.

**DETOXIFYING BATHS**

In 2003, it didn't count as a bath unless the water was packed with salts, seaweeds, and essential oils, all claiming to draw impurities from the body. Bubbles might be fun, but during the Year of the Detox, they didn't get the job done.

**FORTIFYING BATHS**

Rather than soaking to remove toxins, time in the tub can now add nutrients. Scientists claim to have developed bath-based delivery systems that allow vitamins to be absorbed through the skin.

